

# ACCESSING HEALTHCARE

Accessing healthcare in Ontario depends on the type of service you need. Hospitals are for serious emergencies only. Other options exist that provide timely, appropriate care.



PHARMACIES	mobileDOCTOR	WALK-IN CLINICS	HOSPITAL
<p>Pharmacists can prescribe medication for common ailments such as:</p> <ul style="list-style-type: none"><li>• Oral thrush</li><li>• Eczema</li><li>• Heartburn</li><li>• Hay fever</li><li>• Pink eye</li><li>• Menstrual cramps</li><li>• Hemorrhoids</li><li>• Cold sores</li><li>• Impetigo</li><li>• Insect/tick bites</li><li>• Sprains and strains</li><li>• UTI</li></ul>	<p>Connect with a doctor using mobileDOCTOR on your phone 24/7, often eliminating the need to go to a walk-in clinic or hospital for conditions such as:</p> <ul style="list-style-type: none"><li>• Cold and flu</li><li>• Earaches</li><li>• Hives/rashes</li><li>• Infections</li><li>• Pink eye</li><li>• Vomiting/diarrhea</li><li>• UTI</li></ul> <p><a href="http://www.guard.me/mobiledoctor">www.guard.me/mobiledoctor</a></p>	<p>Communities often have clinics, staffed by doctors and nurses who can treat minor illnesses and injuries such as:</p> <ul style="list-style-type: none"><li>• Cold and flu symptoms</li><li>• Aches and pains</li><li>• Fever</li><li>• Rashes, skin irritations</li></ul> <p>Use the <b>Find a Canadian clinic</b> search on our websites.</p>	<p>Hospitals are reserved for urgent, serious illnesses and injuries, such as:</p> <ul style="list-style-type: none"><li>• Broken bones</li><li>• Cuts that require stitches</li><li>• Trouble breathing</li><li>• Head injuries</li><li>• Severe pain</li></ul> <p>Hospital wait times can be several hours.</p>